



Sports Medicine Skills

Location: COS, Visalia

Chairmen:

CHECK IN: 8:30 am **CONTEST BEGINS:** 9:00 am

ELIGIBILITY:

Eligibility is limited to individual. No team entries are allowed.

EXPECTATIONS:

Students will engage in a fun but mentally challenging competition that will enhance their knowledge of Athletic Training/Sports Medicine.

SCOPE OF CONTEST:

1. Students will take a 20 question test in the following topics: Anatomy, Physiology, CPR, Sports injuries, Injury rehabilitation and other areas that pertain to the Athletic Training Field.
2. Stations that require identification of anatomical areas.
3. Taping Station
4. Station that requires knowledge of rehabilitation procedures
5. Two other stations TBA

IMPORTANT INFORMATION:

1. Please be prompt.
2. Have fun!

EQUIPMENT AND MATERIALS:

Table and Chairs to accommodate students taking the test.

Aside from the items listed above, all material and equipment will be supplied by the chairperson.

TIME:

Roll will be taken at 9 a.m.

TIE BREAKER:

In case of a tie, contestants will have a tape off. A taping rubric will be used.